

Information

What is a Hydrocoele?

A hydrocoele is a painless swelling of the scrotum caused by a collection of fluid around the testicle.

Although the fluid can be removed by withdrawing it through a syringe, the fluid usually re-accumulates and can become infected. The preferred treatment is surgery.

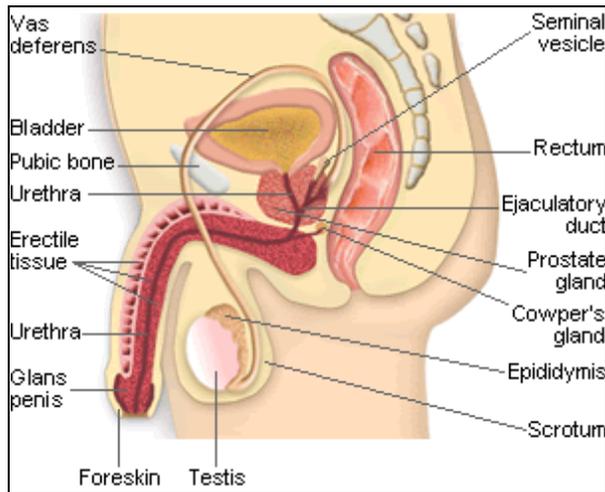


Figure 1 Male Anatomy

What type of Anaesthetic?

General Anaesthesia is the preferred method for this procedure. Your surgeon will place local anaesthetic in the wound at the end of the procedure to minimize discomfort.

Hydrocoele
Written By: Rosemary Neville
Approved/Updated: 25/04/2014

What does the Surgeon do?

After you are asleep the surgeon will shave the scrotum.

An incision is made over the scrotum and the hydrocoele brought out. The sac of the hydrocoele is opened and trimmed if necessary. The edges are then sutured to prevent bleeding and to minimize the risk of recurrence.

The testicle is placed back into the scrotum which is sutured with self-dissolving material.

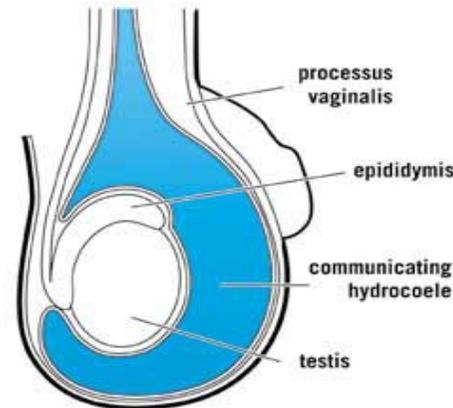


Figure 2 Fluid surrounding testes

Are there any Complications?

As with any surgical procedure complications may occur. The major potential problems are post-operative pain, infection and bleeding.

Other potential problems include breathing difficulties, allergies, cardiac problems and deep vein thrombosis.

What to expect after the Operation

- You will have a wound dressing around the operation site.
- The site will be closely monitored for swelling, bruising and bleeding
- Report any pain to the nursing staff
- Use regular pain relief during your recovery period
- You will need to bring to hospital firm, supportive fitting underwear, such as jocks to wear after surgery for comfort and to decrease the risk of swelling.

When can I go home?

You should be able to go home when:

- You are pain free
- You do not feel sick
- You are able to eat and drink
- You are able to go the toilet

Recovery at Home

Wound Management

- Before discharge from hospital discuss with nursing staff the need for wound dressing
- Continue to wear supportive underwear until reviewed by your surgeon
- 2 days after surgery you may recommence your daily shower, taking care not to rub soap into the wound. Let water run over wound and thoroughly pat dry.

Medication

- Continue to use pain medication as prescribed
- Some pain relief medication may cause constipation. To avoid this:
 - high fibre diet (prunes, bran etc)
 - increase fluid intake
 - you may need a laxative (Senokot)

Activity

- driving can be resumed within 24 hours of an anaesthetic, but be wary of abrupt movement whilst driving
- Normal daily activities may be resumed on discharge. Discuss with your doctor precautions in regard to lifting, sport and sexual activity.

You should contact your doctor if you:-

- Have fever, shivers, shakes
- Wound becomes red, swollen or bruised
- Pain not relieved through regular pain control

Hydrocoele
Written By: Rosemary Neville
Approved/Updated: 25/04/2014

Admission Details:

* Hospital _____

* Date _____

* Time _____

FASTING FOR AT LEAST 6 HOURS BEFORE SURGERY

TAKE USUAL MEDICATION ON MORNING OF SURGERY (except aspirin/warfarin)

**DO NOT TAKE ASPIRIN/WARFARIN/PERSANTIN
ONE WEEK PRIOR TO SURGERY**

If you envisage difficulties in managing at home after discharge, whilst in hospital ask to speak with a Home Care Nurse



7 Chester Street
East Bentleigh 3165
Amanda Jenkins - Urology Nurse
9563 7899



Mr. Scott Donnellan-Urology Surgeon 9563 7899
Mr. John Kourambas-Urology Surgeon 9563 7899
A/Prof.. Sree Appu-Urology Surgeon 9563 7899
Mr. David Pan - Urology Surgeon 9563 7899

Patient Information Leaflet

**SCROTAL
SURGERY
(Hydrocele)**